























Lake View Heights (57 km or 47 km)








Start / Finish at the Newcastle Marina








- 0.3 0.3  Shipway Ave.
follow the Waterfront Trail signs
- 0.3 0.6  Waterfront Trail
follow the dedicated paved trail
- 1.1 1.7  Mill St.
- 1.2 2.9  Boulton St.
becomes Lakeshore Rd.
- 2.5 5.4  Lakeshore Rd.
immediately after train tracks
- 10.2 15.6  East Townline Rd.
- 1.8 17.4  Conc. Rd. 1

The directions that follow are for the 56 km ride.

Follow the shaded directions for the 46 km ride → → →

- 3.2 20.6  Newtonville Rd. (stop sign)
- 1.7 22.3  Hill St. (stop sign)
*(village of **Newtonville** - store)*
- 0.9 23.2  Reid Rd.
- 4.1 27.3  Reid Rd.
(jog R/L on Conc.4)
- 2.2 29.5  Conc. Rd. 5
- 8.2 37.7  Main St. (village of **Orono**)
- 0.3 38.0  Mill Pond Rd.
- 0.2 38.2  Sommerville Dr.
becomes Conc. Rd. 5
- 1.6 39.8  Pollard Rd.
- 2.1 41.9  Pollard Rd.
(jog R/L on Conc.4)
- 2.0 43.9  Conc. Rd. 3
becomes Conc. St. E.
- 2.1 46.0  Bragg Rd.
- 1.7 47.7  Durham Hwy. 2
(caution - busy road!)
- 0.8 48.5  Bennett Rd. (lights)
- 2.0 50.5  Waterfront Trail (W-T)
(paved trail immediately after tracks)

- 1.7 52.2  W-T (follows road)
- 1.3 53.5  W-T (follows Cobbledick Rd.)
- 0.2 53.7  W-T (follows gravel trail)
(pavement ends!)
- 1.3 55.0  W-T (follows Toronto St.)
(trail ends)
- 0.7 55.7  W-T (follow paved trail
alongside Lake Ontario)
- 0.9 56.6  Lake Breeze Dr.
- 0.3 56.9  Newcastle Marina

- 3.2 20.6  Newtonville Rd. (stop sign)
- 3.3 23.9  Morgans Rd.
- 1.7 25.6  Morgans Rd.
(jog L/R on Durham Hwy. 2)
- 2.0 27.6  Conc. Rd. 3
- 4.7 32.3  Conc. Rd. 3 (at Hwy. 115)
- 0.5 32.8  Conc. Rd. 3 (after Hwy. 115)
becomes Conc. St. E.
- 3.6 36.4  Bragg Rd.



← ← ← after Bragg Rd., follow these directions
and deduct 9.6 km from totals



Short Route

Long Route

Start

Newcastle

Orono

Newtonville

Starkville

Port Granby

Zion

Brownsville

Wilmot Creek